

## CURRICULUM VITAE

1. Date: January, 2026

### I. PERSONAL

2. Name **Ronald B. Tolchin, D.O., FAAPM&R**

Chairman, Division of Non-Surgical Spine Care and Rehabilitation  
Medical Director of Spine Center, BHSF  
Associate Professor of Clinical Rehabilitation Medicine in  
Neuroscience, FIU- Herbert Wertheim College of Medicine  
Kalman Bass Endowed Chair in Pain and Rehabilitative Medicine

3. Cell Phone: 305-989-0616

3.a Email [Tolchinr@bellsouth.net](mailto:Tolchinr@bellsouth.net)  
Ronaldbt@Baptisthealth.net

4. Office Phone: 786-596-0252  
Office Fax: 786-533-9989

5. Address (*Office*): **Chair, Nonsurgical Spine and Rehabilitation;  
Medical Director, Spine Center**

Miami Neuroscience Institute  
Baptist Spine Center  
8950 North Kendall Drive, Suite 104-W  
Miami, FL 33176

6. Academic Rank: Voluntary Clinical Associate Professor, Dept. of Neuroscience,  
Division of PM&R  
FIU Herbert Wertheim School of Medicine

Voluntary Associate Professor of Clinical Rehabilitation Medicine  
Nova Southeastern University, Kiran C. Patel, College of  
Osteopathic Medicine

Voluntary Assistant Professor of Clinical Rehabilitation Medicine  
Clinical Educator, University of Miami, Miller School of Medicine  
(2005-2011)

- 7. Primary Department: Neuroscience/Physical Medicine & Rehabilitation
- 8. Secondary/Joint Appointment: Medicine
- 9. Citizenship: US
- 10. Visa Type (*if non citizen*): N/A

## II. HIGHER EDUCATION

### 11. Institutional:

Undergraduate:

Villanova University  
June 1979 - May 1983  
Bachelor of Science General Degree  
Cum laude

Graduate:

Nova Southeastern University College of Osteopathic Medicine  
July 1984 - June 1988  
Doctor of Osteopathic Medicine

Nova Southeastern University - College of Osteopathic Medicine  
June 1988 - May 1989  
Osteopathic Principles and Practice/Biomechanics Fellowship

Internship:

Largo Medical Center  
Largo, FL  
June 1989 – June 1990

Residency:

University of Medicine & Dentistry of New Jersey (Rutgers),  
New Jersey Medical School  
Physical Medicine and Rehabilitation  
Newark, NJ  
July 1990 – June 1993  
**Academic Chief Resident:** May 1992- June 1993

12. Non-Institutional: None

13. Certification :

American Board of Physical Medicine and Rehabilitation  
Fellow status- May, 24, 1994, cert. # 4607  
Recertified, June, 2003, Recertified 2013, 2023,  
American Osteopathic Board of Rehabilitation Medicine  
Fellow status-October 26, 2023, cert. # 0215

Board Certification and Fellowship through The American Academy of Anti-Aging Medicine: Anti-Aging, Metabolic & Functional Medicine

Subspecialty Board-Spinal Cord Injury Medicine, 2001, cert. # 293; Recertified Feb. 2013-2022

Subspecialty Board-Pain Medicine, September, 2003-2013, cert. # 614;

Florida License: OS0006727, May 1994-Present

### III. EXPERIENCE

#### 14a. Work History:

|                                                                                                         |                       |
|---------------------------------------------------------------------------------------------------------|-----------------------|
| Baptist Hospital of Miami, Baptist Health South Florida                                                 | August 2011 - Present |
| <b>Chair of Nonsurgical Spine &amp; Rehabilitation; Medical Director, Baptist Center for Spine Care</b> |                       |
| Miami VA Healthcare System, Miami, FL                                                                   | Feb 2006 - July 2011  |
| <b>Chief of Physical Medicine &amp; Rehabilitation</b>                                                  | Feb 2006 - July 2011  |
| <b>Deputy Chief of staff</b>                                                                            | Aug 2009 - April 2010 |
| University of Miami Hospital;                                                                           | Mar 2010 – July 2011  |
| <b>Attending Physician and Consult Liaison</b>                                                          |                       |
| Jackson Memorial Hospital, Miami, FL                                                                    | Feb 2006 - July 2011  |
| <b>Attending Physician and Consult Liaison</b>                                                          |                       |
| Associates in Rehabilitation, Miami Beach, FL                                                           | Jan 1998 - Feb 2006   |
| <b>Attending Physician and Partner</b>                                                                  |                       |
| Nova SE University, College of Osteopathic Medicine                                                     | Aug 1994 – Jan 1998   |
| <b>Chair, Physical Medicine &amp; Rehabilitation</b>                                                    |                       |
| Kessler Institute for Rehabilitation Medicine                                                           | June 1993- June 1994  |
| <b>Attending Physician, SCI service</b>                                                                 |                       |

#### 14b. Academic:

Voluntary Clinical Associate Professor, Div. of Neuroscience  
 Chair of Division of Physical Medicine & Rehabilitation, Miami Neuroscience Institute  
 FIU Herbert Wertheim School of Medicine  
 Miami, FL  
 Oct. 2011 – Present

Voluntary Clinical Associate Professor, Division of Physical Medicine & Rehabilitation  
 Department of Osteopathic Principles and Practices  
 Nova Southeastern University – College of Osteopathic Medicine  
 Ft. Lauderdale, FL  
 Aug 1997- Present

Assistant Professor of Clinical Rehabilitation Medicine  
 Department of Rehabilitation Medicine  
 University of Miami Miller School of Medicine  
 Miami, FL  
 April 2006- July 2011

Associate Residency Training Director  
 Department of Rehabilitation Medicine  
 University of Miami Miller School of Medicine  
 Miami, FL  
 Feb 2007-July 2011  
**(Chair of PM&R July 1994 – June 2009)**

Voluntary Assistant Professor of Clinical Rehabilitation Medicine  
 Department of Rehabilitation Medicine  
 University of Miami, Miller School of Medicine  
 Miami, FL  
 February 2006- August 2011

Voluntary Assistant Professor of Clinical Medicine  
 Department of Medicine  
 University of Miami, Miller School of Medicine  
 Miami, FL  
 February 2006-April 2010

Assistant Professor and **Chair** Division of Physical Medicine & Rehabilitation  
 Department of Osteopathic Principles and Practices  
 Nova Southeastern University – College of Osteopathic Medicine  
 Ft. Lauderdale, FL  
 Aug 1994-2009

Clinical Instructor  
 Department of Physical Medicine & Rehabilitation  
 University of Medicine and Dentistry of New Jersey, New Jersey Medical School  
 Newark, NJ  
 Aug 1993-1994

#### 15. Hospital Appointments :

|                                                                              |                      |
|------------------------------------------------------------------------------|----------------------|
| Baptist Hospital of Miami, Baptist Health South Florida                      | August 2011          |
| <b>Chair, Nonsurgical Spine &amp; Rehabilitation</b>                         |                      |
| <b>Medical Director, Miami Neuroscience Institute, Baptist Spine Center</b>  |                      |
| <b>Professional Standards Committee, Baptist Med. Gp. (Chair, 2012-2025)</b> |                      |
| <b>IT Committee Vice-Chair, Baptist Med. Gp. (2011-2018)</b>                 |                      |
| Miami VA Healthcare System, Miami, FL                                        | Feb 2006-July 2011   |
| <b>Chief of Physical Medicine &amp; Rehabilitation</b>                       | Feb 2006- July 2011  |
| <b>Deputy Chief of staff</b>                                                 | Aug 2009- April 2010 |
| University of Miami Hospital                                                 | Mar 2010-July 2011   |
| Jackson Memorial Hospital, Miami, FL                                         | Feb 2006-July 2011   |
| Regents Park Nursing & Rehabilitation Center, Aventura, FL                   | Feb 2005-Feb 2006    |
| <b>Rehabilitation Medical Director</b>                                       |                      |
| Cedars Medical Center, Miami, FL                                             | Aug 1999-Jan 2004    |
| <b>Subacute Rehabilitation Medical Director</b>                              |                      |

|                                                      |                    |
|------------------------------------------------------|--------------------|
| Mount Sinai Medical Center, Miami Beach, FL          | Jan 1998-Feb 2006  |
| Miami Heart Institute, Miami Beach, FL               | Jan 1998-Feb 2006  |
| Memorial Regional Medical Center, Hollywood, FL      | June 1995-Feb 1998 |
| Memorial West Medical Center, Weston, FL             | June 1995-Feb 1998 |
| Memorial Hospital Pembroke Pines, Pembroke Pines, FL | June 1995-Feb 1998 |
| Hollywood Medical Center, Hollywood, FL              | Aug 1994-2006      |
| <b>Chairman of the Board</b>                         | 2002-2006          |
| <b>Medical Executive Committee</b>                   | 2000-2002          |
| <b>Medical Director Rehabilitation Unit</b>          | 2001-2005          |
| Villa Maria Rehabilitation Hospital, North Miami, FL | Aug 1994-2001      |
| <b>Co-medical Director</b>                           |                    |
| <b>Medical Executive Committee</b>                   |                    |
| Aventura Medical Center, Aventura, FL                | Aug 1994-Feb 2006  |
| Aventura Pain Management Center                      |                    |
| Kindred Hospital, Hollywood, FL                      | Sept 1994-Feb 2006 |
| <b>Director of Rehabilitation</b>                    | 1998-1999          |

#### 16. Non-Academic :

Miami VA Healthcare System; Chief of PM&R Service; April 2010- July 2011  
 Miami VA Healthcare System; Deputy Chief of Staff, Miami VAHCS, August 2009-April 2010  
 Miami VA Healthcare System; Co-Chair Medical Executive Committee; Sept. 2008-July 2011  
 Miami VA Healthcare System; OEF/OIF Steering Committee Chair; Aug. 2008-July 2011  
 Miami VA Healthcare System; Section Chief of Polytrauma; Aug. 2007-July 2011  
 Miami VA Healthcare System; Co-Director of the Pain Center; Aug. 2007-July 2011  
 Miami VA Healthcare System; Chief of PM&R; Feb 2006- August 2009  
 International Medical Systems (IAS); Independent Medical Consultant 2006-Present  
 Associates in Rehabilitation (**Private Practice/Partner**); Feb. 1998-Jan. 2006

#### 17. Military: None

### IV. PUBLICATIONS

#### 18a. Books and monographs published:

1. **Tolchin, Ronald**, Eubanks, James, Atchison, James. Manipulation, Traction, and Massage. In: Cifu: Braddom's Physical Medicine & Rehabilitation, 7e (**In press, 2025-2026**)
2. Abadir M, **Tolchin R**, Morgan R. Chapter 2: Shoulder. In: Roghani, R. Video Atlas of Musculoskeletal Ultrasound. New York, NY: Springer; 2024: In Copyediting.
3. Atchison, James, **Tolchin, Ronald**, Ross, Brendon Scott, Eubanks, James (2021). Manipulation, Traction, and Massage. In: Cifu: Braddom's Physical Medicine & Rehabilitation, 6e
4. Mahajer A., **Tolchin RB** (2017). Whiplash. In: Kahn S., Xu R. (eds) Musculoskeletal Sports and Spine Disorders. Springer, Cham

5. Mahajer A., Compas J, **Tolchin, RB.** (2017). Acute Lumbar Radiculopathy. In: Kahn S., Xu R. (eds) Musculoskeletal Sports and Spine Disorders. Springer, Cham
6. **Tolchin, R.B.**, Nadler, S. Manual Medicine Approach to Whiplash. In: “Spine: State of the Art Reviews”, Malanga G.A., Philadelphia: Hanley & Belfus, Inc. May 1998, Vol. 12, No. 2, pp. 437-452
7. Sipski, M.L., **Tolchin, R.B.**, Ferraro, D. Rehabilitation of Patients With Spinal Cord Disorders. In: “Diagnosis and Management of Disorders of the Spinal Cord”, Young R.R., Woolsey R.M., Philadelphia: WB Saunders 1995, pp. 265-286
8. Sipski, M.L., Sipski, M.L., **Tolchin, R.B.** Spinal and Upper Extremity Orthoses. In: “Rehabilitation Medicine: Principles and Practice”, 2<sup>nd</sup> Ed. DeLisa, J.A., Philadelphia: JB Lippincott, 1993, pp. 477-491

#### 18.b Abstracts:

1. AAPMR Submission #2141164 A review of over 2500 electromyography studies from Late 2020 to late 2022 showed a 20% increase in cubital tunnel syndrome compared to previous years. What is the cause? Restrepo JA, Kosanovic R, **Tolchin, R**; AAPMR, October 22-25, 2025
2. An Integrative Medicine and Wellness Approach to Management of Low Back Pain Abstract ID: 84419th World Congress of the International Society of Physical and Rehabilitation Medicine (ISPRM), to be held in Marrakech, Morocco from November 3–7, 2025, **Tolchin, R**
3. Multidisciplinary Approach to Chronic Lower Back Pain: The Role of a Wellness Pharmacist; Artamenti, S., Mauriccio, M., Belnap, S, **Tolchin, R.**; AAP, 2025, Phoenix, Az.
4. The MNI Spine Care Retention Project: How to effectively increase Patient Access; Callan, C.; Turcios, A., **Tolchin, R.**; AAP, 2025, Phoenix, Az.
5. Less is more: The Value of Leading with Conservative Management in Patients with Anti-myelin Associated Glycoprotein (MAG) Polyneuropathy; Broussard, D., Guerrina, A, **Tolchin, R.**; AAP, 2025, Phoenix, Az.
6. Case Report: Physiatry driven wellness program involving clinical pharmacy wellness consultation services for the treatment of lower back pain, Artamendi, **Tolchin**, AAP 2025
7. Less is more: The value of leading with conservative management in patients with anti-myelin associated glycoprotein (MAG) polyneuropathy, Broussard, **Tolchin**, AAP 2025
8. Case Study: Shocking Recovery, From Electrical Burns to Fully Functional: A 15 Year Rehabilitative Journey, Nov. 8, 2024, AAPMR 2024, **Tolchin**, et al.
9. A Unique Insight into Aging with a Rare Disease, November 9, 2024, AAPMR 2024
10. An Interdisciplinary Approach to Anti-Myelin-Associated Glycoprotein Polyneuropathy: A Case Report, November 9, 2024, AAPMR 2024, **Tolchin**, et al.
11. Reshaping Limb Functionality with Rotationplasty, November 9, 2024, AAPMR 2024, **Tolchin**, et al.
12. Case Study: Shocking Recovery, From Electrical Burns to Fully Functional: A 15 Year Rehabilitative Journey, **Tolchin, RB**, Castro, J, AAPMR, 2024
13. A Unique Insight into Aging with a Rare Disease, D, Mary DesRosiers, B.S., Andrea Javier, B.S., Trellane Willis, B.S., **Ronald Tolchin, D.O.**

14. Sudden Onset Spastic Paraparesis After Transjugular Intrahepatic Portosystemic Shunt Procedure: A Case Report (First author Silas Helbig, MS3, FIU Herbert Wertheim School of Medicine, **Ronald B. Tolchin, D.O.**
  15. Assessing the Efficacy of the Pain Stages of Change Questionnaire (PSOCQ) for Predicting Exercise Adherence and Patient-Reported Outcome Measures (PROMs) Compliance in Chronic Low Back Pain (CLBP), First author Trellane Willis, MS3, FIU Herbert Wertheim School of Medicine, **Ronald B. Tolchin, D.O.**
  16. Predicting Disability Status in Patients With Chronic Low Back Pain (CLBP): The Role of the Pain Stages of Change Questionnaire (PSOCQ), Trellane Willis, MS3, FIU Herbert Wertheim School of Medicine, **Ronald B. Tolchin, D.O.**
  17. Hepatic myelopathy following a transjugular intrahepatic portosystemic shunt (TIPS) procedure in a 64 year old male, AAPMR 2023
  18. Using PSOCQ as a Predictor of Improved Disability Status for Patients with Chronic Low Back Pain, Trellane Willis, **Ronald Tolchin, D.O.**, Trellane Willis
19. Juried or referred journal articles or exhibitions:
1. Agrawal VR, Gailey RS, O'Toole CO, Gaunaud IA, Finnieston AA, **Tolchin RB**. Comparison of four different categories of prosthetic feet during ramp ambulation in unilateral transtibial amputees. *Prosthetics and Orthotics International*. Published online June 2014.
  2. Agrawal VR, Gailey RS, O'Toole CO, Gaunaud IA, Finnieston AA, **Tolchin RB**. Influence of gait training and prosthetic foot category on external work symmetry during unilateral transtibial amputee gait. *Prosthetics and Orthotics International*. October 37(5). 396-403. 2013
  3. Gailey RS, Gaunaud IA, Agrawal VR, O'Toole CO, Finnieston AA, **Tolchin RB**. Application of Self-Report and Performance Based Outcome Measures to Determine Functional Differences between Four Categories of Prosthetic Feet. *Journal of Rehabilitation Research and Development*. June 49(4). 597-612. 2012.
  4. Agrawal VR, Gailey RS, Gaunaud IA, O'Toole CO, Finnieston AA, **Tolchin RB**. Influence of Gait Training and Prosthetic Foot Category on Functional Outcomes of Vascular Transtibial Amputees - Implications for Foot Prescription. *Proceedings of American Academy of Orthotists & Prosthetists*, 37<sup>th</sup> Annual Meeting and Scientific Symposium, Atlanta, GA. March 2012.
  5. Improving Treadmill Performance in Patients with Lumbar Stenosis. Weiner M, Johnson-Greene D, **Tolchin R**, Abratt L, Frank B. *American Journal of Physical Medicine & Rehabilitation*, volume 92 number 7, pages 553-560 July 2013
  6. Comparing Prosthetic Feet On Ramps And Stairs Using The Symmetry In External Work Measure. Agrawal V, Gailey RS, Gaunaud I, Finnieston A, O'Toole C, **Tolchin R**. *Proceedings of ISPO 2013*, Hyderabad, India. February 2013.

7. The Role Of Prosthetic Feet In Promoting Gait Symmetry Of Unilateral Transtibial Amputees. Agrawal V, Gailey RS, Gaunaud I, Finnieston A, O'Toole C, **Tolchin R**. Proceedings of ISPO 2013, Hyderabad, India. February 2013.
  8. A Randomized Controlled Clinical Trial Evaluating a Custom Angle Load Reduction Rollator on Increased Treadmill Walking Time in Lumbar Stenosis Patients. Weiner M, **Tolchin R**. American Journal of Physical Medicine & Rehabilitation, Vol 89, Number 2, April 2010.
  9. Fortin, J., **Tolchin, R.B.** Sacroiliac Arthrograms and Post-Arthrography Computerized Tomography. Pain Physician, 6:287-290, 2005
  10. Mahajer A., **Tolchin RB**. Lumbar and Sacroiliac Pain Screening Tests. Journal of Osteopathic Physiatry. 2016 April; 1(1): 17-18
20. Other works, publication and abstracts:
1. Agrawal VA, Gailey RS, Gaunaud IA, Finnieston A, **Tolchin R**. Application of Clinically Friendly Outcome Measures to Determine Functional Differences between Four Categories of Prosthetic Feet. Platform Presentation. American Academy of Orthotists and Prosthetists 37<sup>th</sup> Scientific Symposium and Annual Meeting. Orlando, FL. March 2011.
  2. Improving Treadmill Performance in Lumbar Stenosis Patients: Evaluation of a Custom Angle Load Reduction Device.” Weiner M, Johnson-Greene D, **Tolchin R**. American Journal of Physical Medicine & Rehabilitation.
    - a. Poster Presentation at the Association of Academic Physiatrists (AAP) Conference, April 2010.
    - b. Accepted for Poster Presentation at the Miami VA Research Day, April 2010.
  3. Gaunaud, IA, Agrawal VA, Gailey RS, Finnieston A, **Tolchin R**. Determining functional differences between vascular and traumatic unilateral transtibial amputees using clinically friendly outcome measures. Platform Presentation. 2011 AOPA National Assembly. Las Vegas, NV. September 2011.
  4. Zernich, G., Dowell, T., **Tolchin R.B.** Understanding the Impact of Diabetic Neuropathy on Gait, Podiatry Today, Vol. 21, Issue 6, June, 2008.
  5. Berliner, A., Duncan, S., **Tolchin R.B.**, Botulinum Toxin Type A to Improve Sitting Ability in a Patient with Tetraplegia and Hip Dislocation: A Case Report, Abstract, Archives of Physical Medicine & Rehabilitation, Volume 88, Issue 9, pg. E96, September, 2007
  6. Fortin, J., **Tolchin, R.B.** Sacroiliac Joint Provocation and Arthrography. Arch. Phys. Med. Rehabil., Abstract, Nov. 1993

7. **Tolchin, R.B.** Book Review of: “Electrotherapy in Rehabilitation (Contemporary Perspectives in Rehabilitation Series, Volume 7), Roth-Gershteyn, M.: Am. Jour. Phys. Med. Rehabil., 71(6): 358-359, 1992.
8. **Tolchin, R.B.**, Linsenmeyer, T.A., Jacalan, C.L., Midstream Urine in the Rehabilitation Setting: How Useful is it Compared to Straight Catheterization? Abstract, Arch. Phys. Med. Rehabil. 73(10):972, 1992
9. **Tolchin, R.B.**, Sipski, M.L. Magnetic Resonance Imaging for Diagnosing Proximal Deep Venous Thrombosis in Spinal Cord Injury., Abstract, Jour. Am. Para. Soc. 15(2):93, 1992

21. Other Works in Progress:

1. Using Pain Stages of Change Questionnaire (PSOCQ) as a Predictor of Improved Pain Scores for Patients with Chronic Low Back Pain (ongoing research through FIU and Baptist Health IRB)
2. Gait Boost: Collaboration between Baptist Health Innovations and Rehab Boost; Joint effort to design a smart phone health application.

## V. PROFESSIONAL

22. Funded Research Performed:

Partnering/Site PI, “Comparative Effectiveness of Telerehabilitation for OEF/OIF Returnees with Combat-Related Traumatic Brain Injury/Post-Traumatic Stress Disorders”

Co-Investigator :**Tolchin**: 10% FTEE

Principal Investigator: Kris Siddharthan, PhD

Study period: March 1, 2011 – Feb. 28, 2014

Direct Costs: \$1.76 M

“A Comparison of External Mechanical Work between Bionic and Conventional Prosthetic Feet in Transtibial Amputees during Functional Activities”

Funding Agency: Ossur® North America

**Tolchin**: Principle Investigator, 25% effort

Direct Cost \$276,000

Study Period: May 2008- May 2010

23. Editorial responsibilities: Senior Editor; Journal of Osteopathic Physiatry (2018-2019)

24. Professional and Honorary Organization

American Board of Physical Medicine & Rehabilitation

**Oral Board Exam Writer** 2008-2024

**Oral Board Examiner** 2004-2024; 2025-present

|                                                                 |                       |
|-----------------------------------------------------------------|-----------------------|
| Nova S.E. University, College of Osteopathic Med. Alumni Assoc. | 2007-Present          |
| <b>President</b> 2009-2010                                      |                       |
| Deans Council, Nova SE University, College of Osteopathic Med.  | 2010- 2018            |
| Florida Academy of Pain Medicine- Board Member                  | 2006-2017             |
| <b>President</b> 2006-2007                                      |                       |
| Florida Osteopathic Medical Association                         | 1994-Present          |
| <b>Board of Trustees</b> 2001-2005                              |                       |
| Florida Osteopathic Medical Association                         | May, 1994 – Present   |
| <b>Committee Member</b> April 2009 - 2010                       |                       |
| American Osteopathic Association                                | 1990 - Present        |
| American Academy of Physical Medicine & Rehabilitation          | 1990-Present          |
| Association of Academic Physiatrists                            | 1991-Present          |
| Dade County Osteopathic Medicine Association                    | 1994 - Present        |
| <b>President</b> 2001–2005                                      |                       |
| American Paraplegia Society                                     | Jan. 1995 – Dec. 1998 |
| <b>Membership Committee</b> 1993-2006                           |                       |
| Florida Society of Physical Medicine and Rehabilitation         | 1996-1999             |

## 25. Honors and Awards

|                                                                                      |              |
|--------------------------------------------------------------------------------------|--------------|
| Clinical Preceptor Teaching Award, FIU Herbert Wertheim School of Medicine           | 2016         |
| Best Doctors of America                                                              | 2007-Present |
| Educator of the Year Award, Dept. of Medicine, Hollywood Medical Center              | 2005         |
| Educator of the Year Award, Dept. of Medicine, Hollywood Medical Center              | 2004         |
| Best Teacher of the Year Award, UMDNJ-New Jersey Medical School, Dept. of PM&R       | 1994         |
| Academic Chief Resident, UMDNJ-New Jersey Medical School, Dept. of PM&R              | 1993         |
| American Osteopathic College of Physical Medicine and Rehabilitation Literary Award  | 1989         |
| AMI Clinical Service Award - Nova S.E. University                                    | 1989         |
| Bernard M. Baruch Literary Award Recipient, American Congress of Rehabilitation Med. | 1988         |

## 26. Post-Doctoral Fellowships: None

## 27. Other Professional Activities

### *a. Invited Presentations*

**Tolchin R:** Comprehensive Management of Low Back Pain; Marcus Neuroscience Institute Symposium, May 2025

**Tolchin R:** Lumbar Discitis: How To Diagnose and Not Miss; Miami Neuroscience Institute, Spine Symposium, January 2025

**Tolchin R:** Differentiating Cervical vs. Shoulder Pain; Miami Neuroscience Institute, Spine Symposium, January 2024.

**Tolchin R:** Osteopathic Manipulative Workshop Lumbar Spine and Pelvis; American Academy of Physical Medicine & Rehabilitation, November, 2023, New Orleans, LA.

**Tolchin R:** Differentiating Upper vs. Lower Motor Neuron in Localizing Spine Lesions; Miami Neuroscience Symposium 2023, November, 2023, Miami, FL

**Tolchin R:** Comprehensive Management of Low Back Pain and Sacroiliac Joint Syndrome; OMED, October 2023, Orlando, FL

**Tolchin R:** Osteopathic Manipulative Medicine Clinical Workshop; American Academy of Physical Medicine & Rehabilitation Annual Symposium 2019

**Tolchin R:** Course Director, American Osteopathic College of Physical Medicine & Rehabilitation Mid-Year Meeting, 2019

**Tolchin R:** Osteopathic Manipulative Medicine Clinical Workshop; American Academy of Physical Medicine & Rehabilitation Annual Symposium 2018

**Tolchin R:** New American College of Physician Algorithms for Management of Low Back Pain. Cleveland Pain Conference. Cleveland OH, May 10, 2018

**Tolchin R:** Comprehensive Non-Surgical Management of Low Back Pain With Newest Guidelines. American Osteopathic College of Rehabilitation Medicine. Nashville, TN, March 21, 2018

**Tolchin R:** Evidence Basis for Manual Medicine; American Osteopathic College of Physical Medicine and Rehabilitation; Hollywood, FL. May, 2017

**Tolchin R:** Comprehensive Nonsurgical Approach to Low Back Pain, Lecture; American Osteopathic College of Physical Medicine and Rehabilitation; Hollywood, FL, May, 2017

**Tolchin R:** Comprehensive Management of Low Back Pain and New Evidence Based Algorithms; Miami Neuro Symposium, 5<sup>th</sup> Annual, Miami, FL, December 3, 2016

**Tolchin R:** Pain Management in Low Back Pain; The International Symposium on Primary Care; Miami Beach, FL, July 4, 2016

**Tolchin R:** Comprehensive Osteopathic Approach to Management of Low Back Pain Management; AOCPRM Mid Year Meeting & Scientific Seminar, San Antonio, Tx, April 9, 2015

**Tolchin R:** Comprehensive Nonsurgical Approach to Low Back Pain, Lecture and Symposium Director, 2013, Baptist Health South Florida, Miami, FL

**Tolchin R:** Understanding Traumatic Brain Injury and the Impact on Veterans, 2012, National Volunteers of America Conference, Tampa, FL

**Tolchin R:** Lumbar Stenosis Rehabilitation, March 18, 2011, Association of Chiropractic Colleges, Las Vegas, Nevada

**Tolchin R:** Rehabilitation Considerations for the Geriatric Population, May 30, 2011, Nova Southeastern University, College of Osteopathic Medicine, GRECC, Ft. Lauderdale, FL

**Tolchin R:** Strategies in Comprehensive Pain Management, March 17, 2011, VHA Chiropractic Service 6<sup>th</sup> Annual Meeting, Las Vegas, Nevada

**Tolchin R:** State of the Art Management of Whiplash Syndrome, March 17, 2011, VHA Chiropractic Service 6<sup>th</sup> Annual Meeting, Las Vegas, Nevada

**Tolchin R:** Musculoskeletal Treatment in Primary Care, VHA National Pain Management Conference, March 1, 2011, Jacksonville, FL

**Tolchin R:** Team Building in Rehabilitation Medicine: Residency Lecture and workshop, February 4, 2011, Univ. of Miami, Miller School of Medicine

**Tolchin R:** 4th Annual Traumatic Brain Injury: Training for Military Health Care Providers. Presentation on Returning Healthcare for veterans with Polytrauma, August 31, 2010, Washington, D.C.

**Tolchin R:** Small Fiber Neuropathy, Florida Academy of Pain Management, July, 2010, West Palm Beach, FL

**Tolchin R:** Post-Deployment Care in the Returning Veterans: National Conference, Understanding the Big Picture, June, 2010, Orlando, FL

**Tolchin R:** Telehealth in Traumatic Brain Injury, May, 2010, Tampa, FL

**Tolchin R:** Comprehensive Non-Surgical Management of Low Back Pain, Cleveland VA Grand Rounds, Oct. 2009, Cleveland, Ohio

**Tolchin R:** Post-Deployment Healthcare for VA, VISN 8 Polytrauma Network, April 2009, Tampa, FL

**Tolchin R:** Cardiopulmonary Rehabilitation, Miami VA Healthcare System, February, 2009, Miami, FL

**Tolchin R:** Cervical Dystonia and Botulinum Toxin Administration, Community Lecture, Aug, 2008, Miami, FL

**Tolchin R:** What Every Physiatrist Needs to Know About Osteopathic and Manual Medicine, Southern Society of Physical Medicine & Rehabilitation, May 10, 2008, New Orleans, LA

**Tolchin R:** Differentiating the Toxins. Southern Society of Physical Medicine & Rehabilitation, LA, May 10, 2008, New Orleans, LA

**Tolchin R:** Botulinum Toxin Use for Neck and Back Pain. Southeastern Regional Resident/Fellow Neurotoxin Conference May 3, 2008, Miami, FL

**Tolchin R:** Complementary Medicine at the Miami VA Healthcare System. University of Miami Miller School of Medicine, 2008 Integrative Medicine Symposium and EXPO, April 29, 2008, Miami, FL

**Tolchin R:** Overview of Medical Issues After the OIF/OEF Conflict: Moderator and Lecturer. First Annual Symposium OIF/OEF Conference. 2007, Miami, FL

**Tolchin R:** A New Look at Whiplash Syndrome, Florida Academy of Pain Medicine Annual Meeting, 2007, Orlando, FL

**Tolchin R:** Evidence Based Manual Medicine, Florida Academy of Pain Medicine Annual Meeting, 2007, Orlando, FL

**Tolchin R:** Evidence Based Manual Medicine, Workman's Compensation Annual Meeting, 2007, Orlando, FL

**Tolchin R:** Rehabilitation of the Geriatric Patient. Department of Geriatrics, University of Miami, Miller School of Medicine, 2007, Miami, FL

**Tolchin R:** First Annual Symposium of OIF/OEF War Related Injuries. Miami VA Healthcare System. Directed and moderated the course, 2007, Miami, FL

**Tolchin R:** Florida Academy of Pain Medicine. Directed and moderated annual conference, 2007, Orlando, FL

**Tolchin R:** Florida Academy of Pain Medicine. Directed and moderated annual conference, 2006, West Palm Beach, FL

**Tolchin R:** An Osteopathic Approach to Whiplash Syndrome, Grand Rounds, University of Miami, Miller School of Medicine, Miami, FL, 2006

**Tolchin R:** Evidence Based Manual Medicine, Grand Rounds, University of Miami, Miller School of Medicine, 2006, Miami, FL

**Tolchin R:** Comprehensive Management of Low Back Pain, Florida Academy of Pain Medicine Annual Meeting , 2006, West Palm Beach, FL

**Tolchin R:** Comprehensive Management of Low Back Pain. Department of Geriatrics, University of Miami, Miller School of Medicine, 2006, Miami, FL

**Tolchin R:** Aging with Disability. Aging with Disability Conference, Annually from 2001-2006, Ft. Lauderdale FL

**Tolchin R:** Grand Rounds Carolinas Rehabilitation. An Osteopathic Approach to Physical Medicine and Rehabilitation. 2005, Charlotte, NC

**Tolchin R:** Pearls in the Physical Examination and Diagnosis of Musculoskeletal and Neurological Disorders, Florida Academy of Pain Medicine, 2005, Orlando, FL

**Tolchin R:** An Osteopathic Approach to Whiplash Syndrome, Grand Rounds Presentation, Boston University, 2004, Boston, MA

**Tolchin R:** An Osteopathic Approach to Whiplash Syndrome, Florida Physical Therapy Association Meeting, 2003, Ft. Lauderdale, FL

**Tolchin R:** An Overview of Low Back Pain, Nova Southeastern University College of Osteopathic Medicine Alumni Reunion, 2001, Ft. Lauderdale, FL,

**Tolchin R:** Comprehensive Management in Low Back Pain. Dade County Osteopathic Association Meeting, 1999, Miami, FL

**Tolchin R:** Stroke Rehabilitation, Geriatric Rehabilitation Symposium, 1998, Miami, FL

**Tolchin R:** Comprehensive Management in Low Back Pain. Grand Rounds, Cleveland Clinic Foundation, 1997, Weston FL

**Tolchin R,** Guilliar W, Glassman J, Achinson J: Manual Medicine Course Level I and II, Kessler Institute for Rehabilitation, 1996, West Orange, NJ

**Tolchin R,** Guilliar W, Glassman J, Achinson J: Manual Medicine Course Level I and II, Kessler Institute for Rehabilitation, 1995, West Orange, NJ

**Tolchin R,** Guilliar W, Glassman J, Achinson J: Manual Medicine Course Level I, American Academy of Physical Medicine & Rehabilitation Annual Meeting, 1994, San Francisco, CA

**Tolchin R,** Guilliar W, Glassman J, Achinson J: Manual Medicine Course Level I, Kessler Institute for Rehabilitation, 1994, West Orange, NJ

**Tolchin R,** Sipski M: Magnetic Resonance Imaging in DVT of the Proximal Veins of the Lower Extremities; Kessler Institute for Rehabilitation, June, 1993, West Orange, NJ

**Tolchin R,** Linsenmeyer T: Midstream Versus Intermittent Catheterization in Prevention of Urinary Tract Infections in Spinal Cord Injury, Kessler Institute for Rehabilitation, Research Symposium, 1993, West Orange, NJ

**Tolchin R,** Linsenmeyer T: Midstream Versus Intermittent Catheterization in Prevention of Urinary Tract Infections in Spinal Cord Injury, American Academy of Physical Medicine & Rehabilitation, Annual Conference, 1991, Wash, D.C.

#### ***b. National Scientific Presentations***

**Tolchin R:** Understanding the Larger Picture in Polytrauma Support Clinical Team; Co-Morbidities Conference, June 21-24, 2010, Orlando, FL

**Tolchin R:** Comprehensive Management of Low Back Pain. Prime Med Symposium. Moderator and Lecturer. Feb. 10, 2008, Ft. Lauderdale, FL

**Tolchin R:** Contemporary Issues in the Management of Low Back Pain, Institute of Functional Medicine Annual Symposium, 2005, Ft. Lauderdale, FL

**Tolchin R:** Evidence Based Manual Medicine, Association of Academic Physiatrists, 2001, Ft. Lauderdale, FL,

**Tolchin R:** Spinal Cord Injury Combined with Brain Injury, Rehabilitation Symposium, 1999, Hollywood, FL

**Tolchin R:** Moderator and Presenter, Low Back Pain Management. American Academy of Physical Medicine & Rehabilitation, 1992, San Francisco, CA

**Tolchin R, Sipski, M:** Magnetic Resonance Imaging in DVT of the Proximal Veins of the Lower Extremities, American Spinal Injury Association, Toronto Canada, 1991

## VI. TEACHING

### 28. Teaching Awards Received

|           |                                                                                   |
|-----------|-----------------------------------------------------------------------------------|
| 2016      | Clinical Educator of the Year – FIU, Herbert Wertheim School of Medicine          |
| 2005      | Educator of the Year – Hollywood Medical Center                                   |
| 2004      | Educator of the Year – Hollywood Medical Center                                   |
| 2000      | Nova SE University/Broward General Family Medicine Teaching Award                 |
| 1993-1994 | UMDNJ-New Jersey Medical School, Dept. of Rehabilitation Medicine Teaching Award  |
| 1996-1997 | Cleveland Clinic Foundation Neurology Residency Teaching Appreciation, Weston, FL |

### 29. Teaching Specialization (*course taught*)

#### ***FIU, Herbert Wertheim School of Medicine:***

|              |                                                                                                       |
|--------------|-------------------------------------------------------------------------------------------------------|
| 2011-present | Regular Lectures to PGY-2 and PGY3 students in various topics of Low Back Pain and Spinal Cord Injury |
|              | Regular lectures during neurology clerkship, PGY3 students                                            |
| 2011-present | Regular lectures to Family Medicine Residents at Baptist West Kendall Family Medicine Residency       |

#### ***University of Miami Miller School of Medicine:***

|              |                                                                                |
|--------------|--------------------------------------------------------------------------------|
| 2010-present | Rheumatology Fellow Lecture Series, University of Miami, Miller School of Med. |
|--------------|--------------------------------------------------------------------------------|

- 2010-present Lecture to physical therapists and occupational therapist in their lecture series throughout the year.
- 2006-present Regular lectures to University of Miami, Miller School of Medicine Residents in Physical Medicine and Rehabilitation.  
Give an average of 10 lectures/year in the didactic courses for the JMH/UMH Residency program  
Lecture weekly at the Miami VA Healthcare System to the Pain Fellows in the JMH/UMH Fellowship program

***Nova Southeastern University:***

- 1994-present Lectures to Nova Southeastern University, College of Osteopathic medical students on all issues of Physical Medicine and Rehabilitation
- 1994-2005 Individual supervision of Nova Southeastern University, College of Osteopathic Medicine students and Broward General Residents in Internal Medicine.

***University of Medicine & Dentistry of New Jersey (Rutgers):***

- 1992-1993 Manual Medicine Course. Kessler Institute for Rehabilitation. Directed and Moderated the course

30. Thesis and Dissertation Advising: None

## **VII.SERVICE**

31. University Committees and Administrative Responsibilities:

**a. University of Miami, Miller School of Medicine**

*Departmental:*

|                                                                |           |
|----------------------------------------------------------------|-----------|
| PM&R resident Mentor                                           | 2006-2011 |
| Executive Leadership Committee, Univ. of Miami, Rehab Medicine | 2009-2011 |
| Residency Review Council, Rehab Medicine                       | 2006-2011 |
| Evaluations and Promotions Committee, Rehab Medicine           | 2006-2011 |
| PM&R Residency Admissions Committee, Rehab Medicine            | 2006-2011 |

**b. Nova SE University, College of Osteopathic Medicine**

|                                                                                        |           |
|----------------------------------------------------------------------------------------|-----------|
| Dean's Council, Nova S.E. University – College of Osteopathic Med.                     | 2010-2018 |
| <b>President of Alumni Association</b> , Nova S.E. University – College of Osteo. Med. | 2009-2010 |

**c. FIU, Herbert Wertheim School of Medicine**

|                                      |              |
|--------------------------------------|--------------|
| Medical School Interview Committee   | 2012-2017    |
| Medical Student Mentorship Committee | 2012-present |

**d. Miami VA Healthcare System**

|                                                                     |           |
|---------------------------------------------------------------------|-----------|
| Chair OEF/OIF Steering Committee, Miami VA Healthcare System        | 2008-2011 |
| Co-Chair Medical Executive Committee, Miami VA Healthcare System    | 2008-2011 |
| Chair of the Polytrauma Team, Miami VA Healthcare System            | 2006-2011 |
| Member of the Residency Review Council - Miami VA Healthcare System | 2006-2011 |
| Co-Chair of Pain Committee, Miami Veterans Health Care System       | 2010-2011 |

**e. National Committee**

|                                                                                                                                                   |              |
|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| National Pain Advisory Committee, Veteran Healthcare Administration                                                                               | 2010- 2011   |
| Oral Board Writer for the American Board of Physical Medicine and Rehabilitation                                                                  | 2008-Present |
| Oral Board Examiner for the Am. Board of Physical Medicine and Rehabilitation                                                                     | 2004-Present |
| Member of the panel to evaluate therapy for returning Veterans with Traumatic Brain Injury with production of a White Paper Policy Recommendation | 2007         |

32. Community Activities

|                                                                                                             |                 |
|-------------------------------------------------------------------------------------------------------------|-----------------|
| YMCA Board of Advisors, South Dade YMCA                                                                     | Sept. 2017-2019 |
| Physician Member of the Himalayan Health Exchange Medical Mission Team to Deliver free Health care to India | 2008            |
| Miami City Ballet – Company Physician                                                                       | 2006-2011       |
| Boy Scout Troop Adult Leader                                                                                | 2006-2008       |

32. References: Furnished upon request